	<h1>Bulletin 1</h1> <p><b>Åhus, Sweden</b> <b>April 20 – 24 2016</b></p> <p><b>WRE: April 22 – 23 2016</b></p> <p>(Bulletin 2 will come at the webpage April 13 2016)</p>
---	---

**Organizers:** OK Øst Birkerød, Denmark and  
OK Pan-Kristianstad, Sweden

**Event Directors, WRE:** Bengt-Göran Månsson, Max Svensson  
**Event Directors, MTBO Camp others:** Jan Hausner, Tage V. Andersen  
**Webmaster:** Johan Holkmann Jacobsen


**National controller:** Gernot Kerschbaumer  
**IOF Senior Event Advisor, WRE:** Tage V. Andersen

**Telephone no.**  
(Jan/ Max / Bengt-Göran): +45 30256826/+46 708289301/+46 709795494  
**E-mail, WRE:** [Max@ahusstrand.com](mailto:Max@ahusstrand.com);  
**E-mail, MTBO Camp others:** [tage.v.andersen@mail.dk](mailto:tage.v.andersen@mail.dk)

**Webpage:** <http://www.mtbocamp.dk>

**Venue and Event Centre:** Åhus Seaside, Kantarellvägen 1,  
Aarhus, 29632, Sverige (Sweden)

## Sponsors

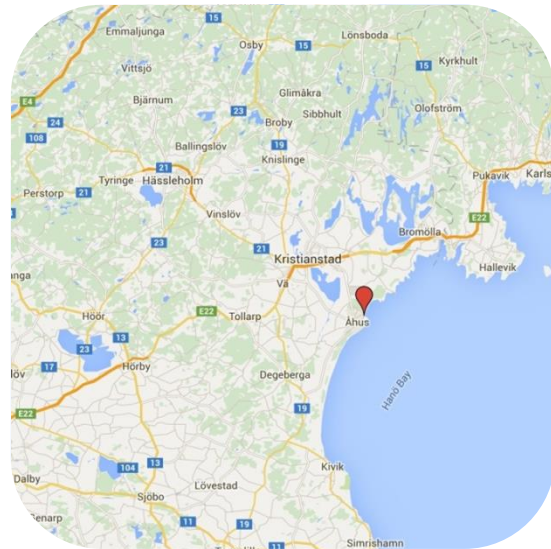


**ABEL-NIELSEN**  
**MTBO Udstyr**  
**WWW.ABELNIELSEN.DK**

ENEFORHANDLER I DANMARK & SVERIGE AF

**AUTOPILOT**  
*www.mapholders.cz*

SYDSKRÆNTEN 25  
DK 2840 HOLTE  
E-MAIL: JN1@ABELNIELSEN.DK  
TLE. +45 40 42 22 25



### How to get to Åhus

Åhus is easily accessible by plane, train, bus or car.

#### Airports:

- [Copenhagen International Airport \(CPH\)](#), Denmark, 135 km from Åhus
- [Malmo airport \(swedavia.se/malmo\)](http://swedavia.se/malmo) is a big airport 107 km from Åhus with flights from Stockholm operated by [SAS](#) and [Norwegian](#).
- [Kristianstad Osterlen Airport \(kidairport.com\)](#) in Everod, 21 km from the Event Center, can be reached from Stockholm Arlanda.

#### Trains/busses:

There is a direct train ([www.sj.se](http://www.sj.se)) from Copenhagen Airport to Kristianstad (1 h 25 min.). Hassleholm is one stop before Kristianstad (1 h 05 min. from the airport). From Kristianstad to Åhus you need to go by bus no. 551 to the busstop: Åhusbryggan. If not too many people with the bus, you can have your bike with you in the bus

Oresundstag ( [www.oresundstag.se/en/Start](http://www.oresundstag.se/en/Start) ) is the traffic system for travelling in Skane.

Taking your bike on the train is usually no problem, please see <http://www.oresundstag.se/en/Fares--Conditions/Ticket-types/How-to-travelwith-bike>

#### Travelling by car:

It's easy to travel by car to Åhus. Road E22 passes Kristianstad.

Distances by car to Kristianstad:

from Stockholm 548 km, from Gothenburg 264 km, from Malmo 96 km.

From Kristianstad via road 118 to Åhus is 17 km.

#### Distances:

Model Event and all competitions (except Camp Cup 2) are within a short distance from the Event Center (see at accommodation).

**Programme:**

**Dates:** April 20<sup>th</sup>-24<sup>th</sup> 2016 (Wednesday – Sunday)

*Wed 15:00 – 18:00 Check in, late payments.*

Wed 21.00 Night Short – Åhus N – Camp Cup 1

Thu 10.00 Middle - Bockeboda (at Kristianstad) – Camp Cup 2

Thu 14.00 Training – Bockeboda

Thu 16.00 Model event – Åhus N

*Thu 19:30 Prize giving*

Fri 10.00 Sprint (WRE) – Furuboda / Gropahålet- Camp Cup 3

Fri 15.30 Training – Kronoskogen – Camp Cup 4

*Fri 19:30 Prize giving*

Sat 10.00 Middle (WRE) – Äspet-Yngsjö – Camp Cup 5

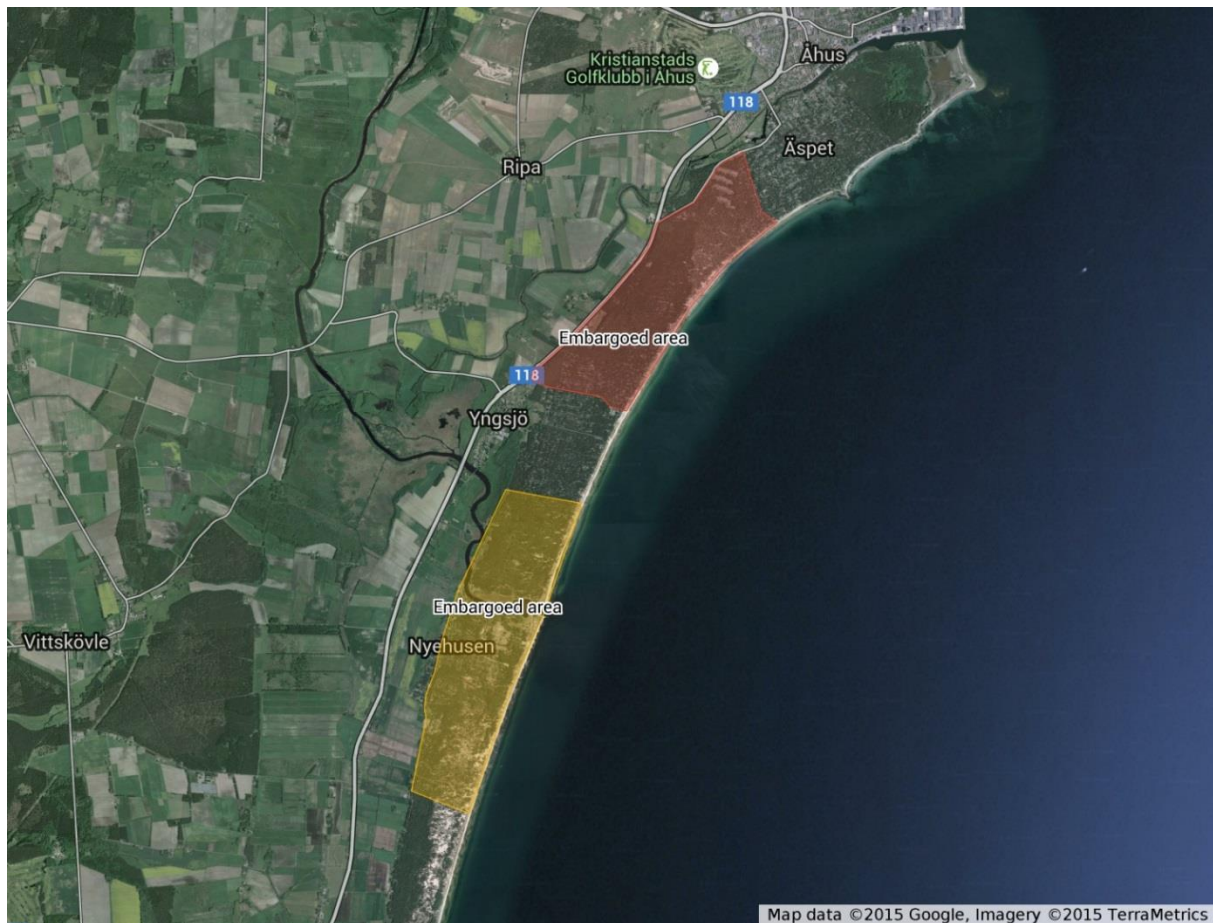
Sat 14.00 Training – Äspet-Yngsjö

*Sat 19:30 Prize giving*

Sun 10.00 Ultralong Høker – Different maps south of Åhus

**Locations and embargoed areas:**

Areas Furuboda / Gropahålet (yellow) and Äspet-Yngsjö (red) are embargoed for the classes WE and ME (which is part of the world ranking events).



The areas marked on the map above are embargoed for all orienteering activities, unless specifically permitted by the organizers and the IOF Senior Event Adviser. The

embargoed areas are out of bounds for all potential participants and team members, including competitors, team leaders, coaches, doctors, escorts, and any other person who through their knowledge of the terrain may influence the result of the competitions. This means that from December 1<sup>st</sup> 2015:

- no organized orienteering activity may take place for these persons in the area,
- no training sessions may take place for these persons in the area.

**Old maps:** Can be found on website along with map extracts. (from 5 January 2016)

### **Competition Rules**

The WRE's will be organized in accordance with the *Competition Rules for IOF MTB Orienteering Events* as published by the IOF and valid from January 1, 2016, and the *IOF Anti-Doping Rules* valid from February 1, 2010.

### **Winning times at WRE**

For Sprint the winning time is 20-25 minutes.

For Middle the winning time is 55-60 minutes.

### **Riding off track not allowed:**

Participants are not allowed riding off tracks and roads. Exceptions are 100% yellow areas and areas marked as paved/parking.

**Controls placed off track:** Not in the WRE races, but it is very likely that there will be controls off track, e.g. by a tree or rock in 100% yellow terrain in some of the other camp cup races.

**Rules deviation for WRE:** Not yet.

### **Doping**

Doping is strictly forbidden, and the organizers of the WRE 2016 in Sweden are dedicated to supporting the anti-doping authorities in their work.

Doping controls may be carried out any time during the WRE competition period for the classes ME and WE. As some sites for the doping controls may be a few minutes' drive away, we suggest that athletes are prepared at all competitions to take along some dry clothes to change into after their race.

Doping tests are always carried out in accordance with the procedures described in the WADA International Standard of testing. The IOF Anti-Doping Code and rules apply as of February 1, 2010.

Athletes who are selected for the doping tests must bring an official identification (with photo) to the doping test area. Accreditation cards with photo can also be used for this purpose. The athletes should bring along their therapeutic use exemption (TUE) if applicable. In general, it is advisable that the athletes bring along their ID to all the competitions and events.

**Jury:** (in Bulletin 2)

### **Entry:**

Entries for all participants are given by sending a mail to [tage.v.andersen@mail.dk](mailto:tage.v.andersen@mail.dk) with the following information:

Name, Club, Sport Ident number (or rent), Year of birth, Class, Participation (All MTBO Camp or only the two WRE)

Special for all WRE participants (also as a part of the MTBO Camp): WRE participants also have to make an entry for each of the two WRE races in IOF Eventor

(<http://eventor.orienteering.org/Events?startDate=2016-04-01&endDate=2016-04->

[30&organisations=80&disciplines=MountainBike&classifications=International%2CChampionship%2CNational%2CRegional&map=true&mode=List](#) )

**Entry fee:** 100 euro or 750 DKK or 920 SEK (**MTBO camp, including WRE**)  
Kids riding the "Cool Kids" class participates for free.

**Entry fee – for WRE only:** 180 SEK pr. race.

Entries will only become valid after payment, unless agreement in writing is made to pay cash upon arrival.

**Deadline for payment:** April 5<sup>th</sup> 2016.

**Entry fee for participants in all MTBO Camp is paid to:**

*Danish participants:* Account 5063-1252868

*Swedish participants:* Account 8313-9, 503 134 896-3

*Other participants:* IBAN DK5750630001252868, Swift JYBADKKK.

**Remember to note participant(s) name(s) in the money transfer.**

**Entry fee for participants only in WRE and representing Swedish Clubs:**

Invoice will be sent to the club via Eventor (like usual in Sweden).

Accommodation is paid directly to Åhus Seaside or other accommodation upon booking.

### **Punching system**

Sport Ident (normal) will be used.

### **Classes:**

ME = Men Elite (M21-E)

WE = Women Elite (W21-E)

ML = Men Long (M21-A, M-20, M35-, M40-, M45-, M50-, M55-)

WL = Women Long (W21-A, W-20, W35-, W40-, W45-, W50-, W55-)

MS = Men Short (M-17, M60- and older)

WS = Women Short (W-17, W60- and older)

CK = Cool Kid (W/M-13, Beginners)

### **Camp Cup:**

4 of 5 races count in the overall Camp Cup.

### **Prize giving at 19:30 Thu, Fri, Sat:**

There will be a prize giving ceremony at the event centre, probably at the common area towards the sea Thursday (cup 1 + 2), Friday (cup 3 + 4) and Saturday (cup 5 + overall) at 19:30. There will be prizes for the best 3 riders in each class (in CK only for the 3 best riders born in 2003 or after). There are some additional nice prizes in the spectator draw, remember that you have to be present to receive the prize.

There will be no prize giving after the Høker Sunday.

**Visa:** Ask your local Swedish embassy.

**Doping:** There might be a visit from the anti-doping authorities.

**Transport offered:** None.

Most events are within reasonable bike distance (if you are fit) from the event centre.

See the distances at Accommodation.

**Training:** Can be arranged if requested.

**Model event:** A special training Thursday will function as Model event for the two WRE's.

**Terrain:** Most of the terrains will be relatively open forest in areas of typical Scandinavian sandbound pine-forest. Lot of small hills and depressions (sand-dunes) and a network of paths.

**Maps scale and contour intervals:** 1:7.500, 1:10.000, 1: 15.000; 2,5 m  
Further information will be given for every single competition or training in Bulletin 2.

**Climate:** Temperature, day: 10 – 16 °C, night: 2 - 7 °C.  
12 days with rain and 40 mm rain per month.

**Competition clothing:** Not required, but recommend indeed.

**Media responsible and directions for extra representatives of the Federations:**  
Mail or call Bengt-Göran or Max and we will figure it out!

#### **Accommodation:**

We suggest that you stay at the event center Åhus Seaside, or one of the other accommodation possibilities nearby. Below is direct link to the accommodation booking sites. The organizer is independent from the accommodation. For more information please contact the accommodation sites.

#### **Information about accommodation**

Name	Website Telephone	Address	GPS coordinates
Åhus Seaside (Event Centre)	<a href="http://www.ahusseaside.com">www.ahusseaside.com</a> +46 44289300	Kantarellvägen 1, Aahus, 29632, Sverige (Sweden)	N 55°56.217 ' E 014°19.073 '
Regenbogen Camp Åhus	<a href="http://www.regenbogen.se">www.regenbogen.se</a> +46 44248969	Kolonivägen 59, 29633, Åhus, Sverige (Sweden)	N 55°56.466 ' E 014°18.779 '
Strandvillan i Åhus	<a href="http://www.strandvillan-ahus.se">www.strandvillan-ahus.se</a> +46 44243600	Kolonivägen 62, 29633, Åhus, Sverige (Sweden)	N 55°56.661 ' E 014°19.365 '

**In the period 1<sup>st</sup> December 2015 – 31 January 2016 there will be a special booking code for the MTBO Camp. The code is: MTBO2016.** (Active from 4 December)

#### **Distances (in km) from Event Centre to competitions etc.**

<i>Competition Accommodation</i>	Camp Cup 1	Camp Cup 2	Camp Cup 3	Camp Cup 4	Camp Cup 5	Event Centre, Prize ceremony
Åhus Seaside	0	29	14	6	7	0
Regenbogen	0,7	28	14	7	7	0,7
Strandvillan	1,2	28	15	7	8	1,2